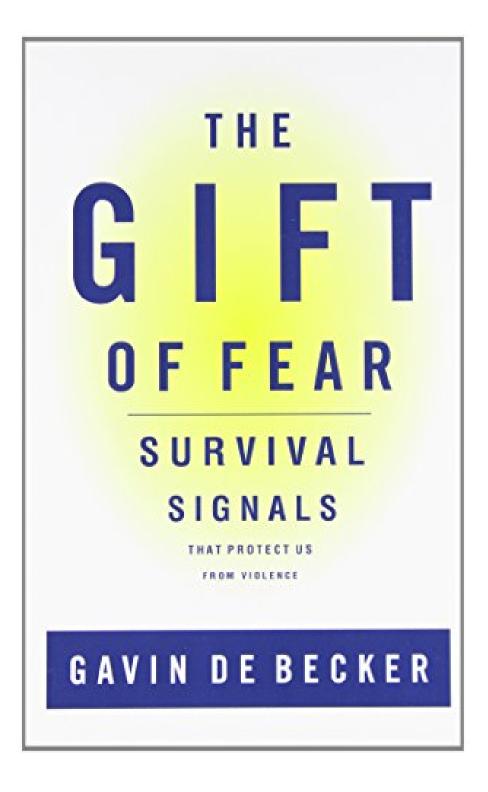


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A carjacker lurking in a shopping mall parking lot. An abusive husband pounding on the door. A disgruntled employee brandishing a gun. These days, no one is safe from the specter of violence. But according to Gavin de Becker, everyone can feel safer, act safer, be safer -- if they learn how to listen to their own sixth sense about danger.

De Becker has made a career of protecting people and predicting violent behavior. His firm handles security for many of Hollywood's top celebrities -- Madonna, Michael J. Fox, Geena Davis, Brooke Shields, and John Travolta, among others, according to press reports -- and his computerized risk-assessment system helps analyze threats to members of Congress and the Supreme Court. Now, in this unprecedented guide, de Becker shares his expertise with everyone. Covering all the dangerous situations people typically face -- street crime, domestic abuse, violence in the workplace -- de Becker provides real-life examples and offers specific advice on restraining orders, self-defense, and more. But the key to self-protection, he demonstrates, is learning how to trust -- and act on -- our own intuitions. For everyone who's ever felt threatened, this book is essential reading.

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Features

• Great product!

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By Johnny

This review is specifically for the Kindle edition. While the message is clear and very good the format is very poor. I give the book itself four to five stars but because of all the errors in the book whether they be grammar, spelling, or word repeat/missing the information can become slightly confusing. I'm not talking about simple errors here and there that can be expected. There are frequent and obvious mistakes riddled on almost every other page. That being said, the book itself is still interesting and enlightening and I would still recommend it to friends.

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An absolute timeless must read for everyone concerned about personal safety & wellbeing By Linda

I first read this book two decades ago and it literally changed my life for the better. It provided me with insight as to why I was attracting negativity into my life, and made me realize the mistakes & behavioral choices I was making that made me a vulnerable target in my twenties. An absolute must read for those wanting to increase their knowledge of personal safety and situational awareness. Learn how to be proactive and not reactive to conditions that can affect not only your personal wellbeing, but that of your family and loved ones as well. Personal safety is a lifestyle & only we as individuals can protect ourselves 100% of the time. Empower yourself!

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