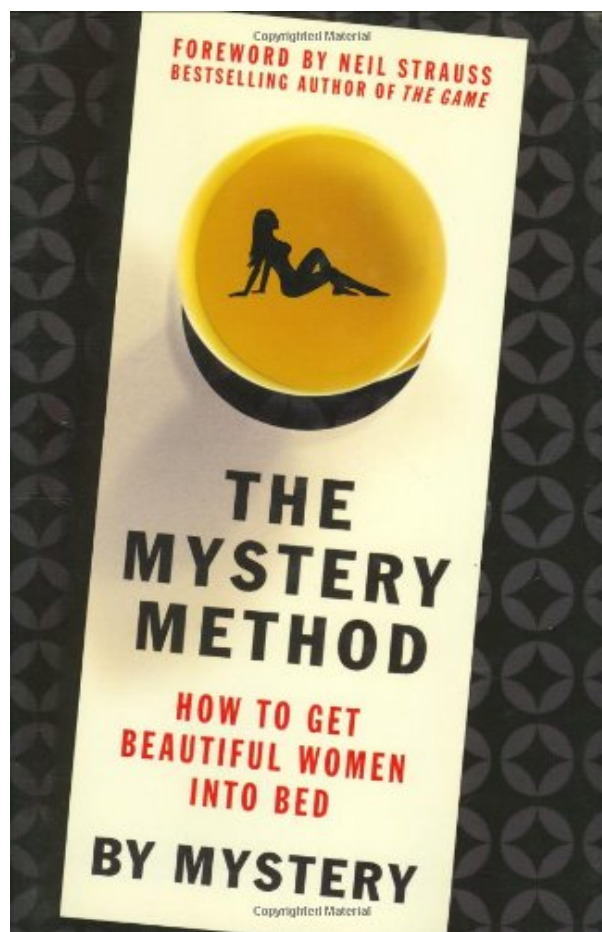
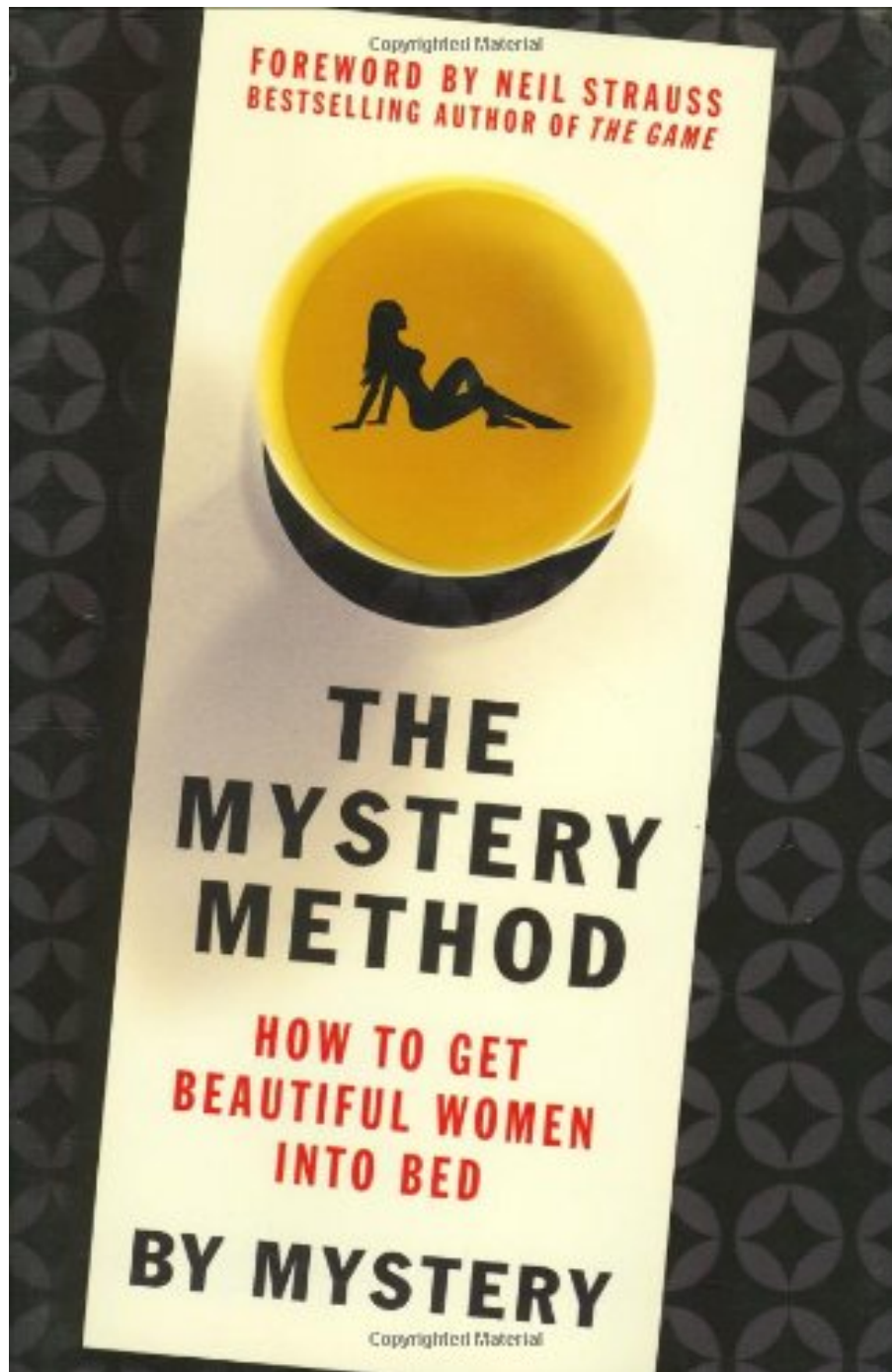


**THE MYSTERY METHOD: HOW TO GET
BEAUTIFUL WOMEN INTO BED BY
MYSTERY, CHRIS ODOM, ERIC VON
MARKOVIK.**



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From Publishers Weekly

Never at risk of being called humble, Mystery (aka Erik von Markovik), heralded as one of the best pick-up artists in the country, has created a science of seduction. His meticulously researched system, the "Mystery Method," offers advice to men of every ilk, along with complex charts, social science jargon (e.g., Dynamic Social Homostasis and DHV—Demonstrations of Higher Value) and potty humor. Mystery comes off as forceful, provocative and excessively arrogant, but one thing is clear: he's good at what he does. You'll laugh, you'll scoff, but in the end, you'll probably learn something. (Feb.)

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About the Author

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THE MYSTERY METHOD: HOW TO GET BEAUTIFUL WOMEN INTO BED BY MYSTERY, CHRIS ODOM, ERIC VON MARKOVIK. PDF

"One of the most admired men in the world of seduction" (The New York Times) teaches average guys how to approach, attract and begin intimate relationships with beautiful women

For every man who always wondered why some guys have all the luck, Mystery, considered by many to be the world's greatest pickup artist, finally reveals his secrets for finding and forming relationships with some of the world's most beautiful women. Mystery gained mainstream attention for his role in Neil Strauss's New York Times bestselling exposé, *The Game*. Now he has written the definitive handbook on the art of the pickup.

He developed his unique method over years of observing social dynamics and interacting with women in clubs to learn how to overcome the guard shield that many women use to deflect come-ons from "average frustrated chumps."

The *Mystery Method: How to Get Beautiful Women Into Bed* shares tips such as:

- *Give more attention to her less attractive friend at first, so your target will get jealous and try to win your attention.
- *Always approach a target within 3 seconds of noticing her. If a woman senses your hesitation, her perception of your value will be lower.
- *Don't be picky. Approach as many groups of people in a bar as you can and entertain them with fun conversation. As you move about the room, positive perception of you will grow. Now it's easy to meet anyone you want.
- *Smile. Guys who don't get laid, don't smile.

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- Binding: Hardcover
- 240 pages

Features

- Great product!

From Publishers Weekly

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Most helpful customer reviews

191 of 236 people found the following review helpful.

Think Back To Day 1...Is This Really Why You Got Into The Game?

By A+ Reviewer

Like many of you, I read *The Game* by Neil Strauss and almost immediately I was sucked in to the world of PUAs. More than anything it opened my eyes...I was aware of *The Matrix*. Many months have passed since then, and I just recently picked up a copy of the *Mystery Method* to try to kick start my stagnant game to the next level. I was blown away by the first few chapters...a powerful introduction, timeless human tendencies that really help you understand social dynamics, and an informative and well written overview of the *Mystery Method*. I loved where this was going, so much good information already.

I should have stopped there. But I'm glad I didn't, because I learned a much more (unintended) important lesson from this book.

After the first section, the book really takes a sharp turn in a different direction. An extremely scientific, not romantic, direction. Mystery breaks down every aspect of social interaction to the T. And when I say to the T, I mean deeper than some stuff you'd learn in a college sociology/psychology class. You learn how to bend and influence social situations to your benefit...these tactics dive deep into the subconscious building blocks of socialization within all of us, including me and you (maybe there's a good reason why these brain processes are left alone in the subconscious by 99% of the population?...more on this very soon). You're bombarded with technical information on all fronts, and sometimes feel like an 85 year old trying to learn

how to use Microsoft Word by studying advanced computer programming.

You're basically learning the social code (like a computer code) of how to become a social programmer. You're also being programmed yourself to, in a sense, become a social robot who strictly follows the social scientific method. Mystery has said it himself... social interactions will become nothing more than "math equations". You'll start seeing the patterns, the equations, friends will become "pivots", nice girls you meet will become "obstacles". The nightclub will become your computer game, and you will become the programmer.

Is this really courtship?

More importantly to some AFCs, will it work? I'm sure it will with devoted practice. But at what cost? This stuff with inevitability trickle down into your relationships with your family and friends. The fun spontaneity of going out won't be FUN anymore once you truly get this method down as human interaction will simply become patterns, equations, science. Interaction will be the equivalent of solving a calculus problem with your theories, routines, ability to see past the variables. If you master this material I think you'll be left very empty inside. You'll cross a dangerous point of no return as a person, incapable of genuine social functioning. If you don't master this material, you'll be lost in your own head when you're with girls wondering if you are following everything exactly like you are supposed to.

This isn't learning how to truly be a romantic and increase your sex appeal.

This isn't courtship, the very thing you got into The Game to truly learn.

This isn't making you a better person. Its only positive may be allowing you to obtain more self-confidence, although through a misguided way.

Think back to Day 1.....is this really what you got into The Game for?

No. I doubt you had it marked down on your to-do list to become a mad professor of psychology and sociology, like a misguided psychiatrist who uses his knowledge of the human mind to sexually attract his patients. Wake up guys: This is one way to get the girl, but deep down this isn't the way you ever wanted to do it and after a while this stuff won't make you happy. You aren't working on deep, internal self-improvement. You're just plugging in the numbers to solve the equation, and correcting one flaw in your life by potentially replacing it with an even deeper, more dangerous flaw.

MY ADVICE: There are good "big picture" points made in this book, and by PUAs in general. Read the first couple of chapters, then maybe the bullet point chapter summaries from there. More than anything else, you just need to be a truly confident man who believes he is worth the girl. You can learn and apply the basics from the PUAs, but from there the ball truly needs to be put back in your court in your own way.

I don't need any more advice from the PUAs, even though they could utterly destroy me in a pick-up contest. We didn't get into The Game to become a mad scientist using the nightclub as our laboratory. Mystery isn't happy, evidenced by his depression and near suicide attempts in Strauss's novel. He went from one end of the spectrum of social ineptness (AFC style), to the complete opposite end (oversocialized...every word, sentence, body movement by anyone or by yourself is just a predictable, programmed response). Sure, he can get girls now. Is that worth everything else that he doesn't even realize he's lost?

In certain areas of life, too much information can be more harmful towards your well-being than not enough information. Don't let this become you! Get the basics of this stuff down, then strive to become a genuinely better person by just getting out there, trying things out, and building confidence through your successes and

the knowledge you gain from your failures.

32 of 38 people found the following review helpful.

It Works But...

By Clarence Oliver

So does so much else. Look, I don't know what guy is coming to this book. I know I have a sister in college who is single and I'd prefer some guy picking her up with this method, than some of the lame things she's told me guys have tried to do. One guy sent her an email, "Can you handle me?" Really, men need some help in the proper way to capture a woman's attention and interest. As for me, I've been studying and studying the PUA's. Frankly, I find Logan Edwards two books, *Secrets of the A Game* and *The Art of the Approach* to be the most helpful in published PUA material, along with obviously *The Game*, and several books on influence and persuasion, including a few on covert hypnosis.

As the months have passed as I've started to read and study this material and started to use it in the real world. I've come to the conclusion that you also have to look at your own personality. I am not someone that likes to dress up stupidly (I like to dress up most of the time in dark colors, usually suede and jeans and dress pants), I don't like clubs, and I don't mind not hitting on a girl if there's none that interest me. I agree with Mystery's fundamental reasoning and I believe you should practice, go out there, and work the magic. This book is great for opening sets. But when a woman's alone, I believe your better off with a more direct approach, having to not win over anyone except the woman. And if you don't want to bother opening a set, there's always the approach of, "Can I borrow your friend for two seconds (in a psychological study, 85% of people do not feel threatened by a time restraint of seconds)," express your attraction, or your interest in her. Tell her you'd like to keep talking to her, hand her your phone, and tell her to give you her number. This book is very much oriented to opening up groups of people, something that you don't see a lot of in bookstores, cafes, stores, and on the street (my hunting ground). It says that the mystery method works in the real world away from the club scene, and I've tried a few techniques and it certainly does, so I wouldn't consider it waste if you, like me, don't enjoy the club atmosphere.

Like the stock market, where you have technical analysis and fundamental analysis, a mixture of the two, daytrading, investing, swing trading, and the such, in the pick-up community, you have Speed-Seduction, you have Indirect Game, you have Direct Game, and a mixture of any of them. The fact is that they all work, they can all be good, and they can all get you into bed with the type of women you desire. The first rule of PUA is "Never get invested in any single woman." Look, if you're buying this book with the hope of learning some trick to turn that "Friend" into your girlfriend, it's not here for the most part. There are some simple truths in the world, "Absence makes the heart grow fonder," so if you've fallen into the friend zone, break off the relationship, stop being there for her, and stop being her friend. "When you can't have something you'll want it more," for fat people in the world, diets don't work because you try to tell your mind what you can't have which makes you want it more, the same works with women, tell them you don't want them anymore, they want you even more.

The Mystery Method is a superb club-hopping book, that if you go out Friday and Saturday every night, trying out the routine on every girl, every set of girls, in 3 to 6 months you can be getting laid on a regular basis (3 months for sure if you go out 4 nights a week). I weigh 260 pounds, I still have a little acne, I'm 22, and though I wouldn't credit this book with most of my success, I would credit it with something.

The first thing I think guys need to do though is get rid of the limiting beliefs that are holding them back. *Unstoppable Confidence* by Kent Sayre is a great book to start with, *Goodbye-to-Shy* by Leil Lowndes is another. In fact, Leil Lowndes has several great books that all guys should check out. The fact is that what the PUA community does for guys is gives them a belief in themselves. When Mystery walks into a club,

women come to him, not because he's done something special, but because he walks with the belief that any girl in there can be his. In the end the PUA community is giving guys the ability to fake it until they make it. They're being sent out into the world with routines they're told will help attract women and keep their attention. But the fact is, if you watch *The Pick-Up Artist*, women listened to those guys right from the beginning, the fact was that they lost their interest because the guys lost faith in themselves. If you believe the routine will work, it will work, and if you need this book to give you some basics, I highly recommend it. But the fact is, if you can gather enough faith in yourself to the point that (to quote Ross Jeffries book, *How To Get The Women You Desire Into Bed*, a bad book that is great for the confidence building exercises) *You Will Not Make Excuses For Your Desires*, *You Will Not Make Excuses For Yourself*, *You Will Walk Through The World Without Apology*, *And You Will Not Worry About Setbacks Because They Are Learning Experiences*, you will get beautiful women attracted to you, because, if you value yourself more than you value them, they will value you too.

That's all it takes to have a high value. You must be the dictator of your own life. Don't let your life become a democracy. Don't seek approval. Don't be a dancing monkey for them. Don't be the lovable loser you see in movies. Be A MAN, America's running short on them. Women say they don't want men, they want gentlemen, but how's being that friend gone for you. Since I've stopped being friends to girls that I want to be with, and ignore them if they don't want to be with me, I've not only increased my self-respect, I've increased the respect that women see in me.

P.S. Jan 19

The more I look at the DHV principle, the more I dislike the books central theme. Mystery is not an Alpha Male, the men that take mystery's class is not an Alpha male, it's why he comes up with this display of higher value. I went through the book again, "Appear willing to walk away." A real Alpha Male is willing to walk away. If you want to be one of those people who wants to be a great gamer, who wants their life to be the game, being the most skilled at seducing women, then I guess this stuff will matter more. But, if you're interested in women. Don't be fake. Learn to be an actual man.

26 of 31 people found the following review helpful.

Not Just for Guys

By D Kendra Francesco

Believe it or not, as a woman, I thought this book was excellent, both as a general read and as a touchstone. I've been able to see through most men's pick up attempts throughout my life (and yes, I've accepted propositions even though I knew what was going on). However, even though I'm now in my early 50s, I still occasionally wonder why men behave the way they do; what is really behind the smile? Much of what Mystery talks about is in keeping with my general observations. It's the specifics that made me nod and think, "Oh, THAT'S what the guy meant last night in the lounge!" Overall, I'd like WOMEN to read this book, not as a way of defense against the PUA, but rather to understand how PUAs look at us.

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