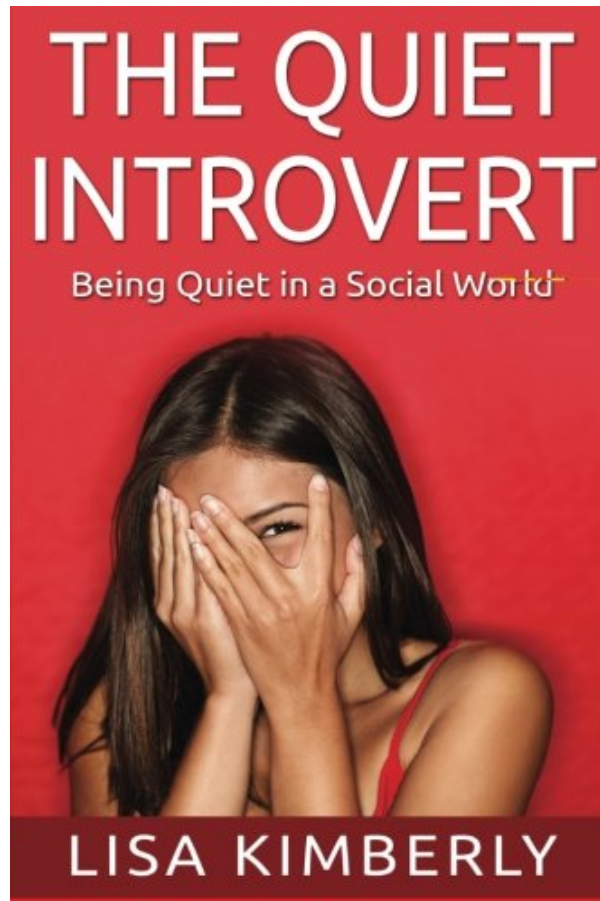


# **THE QUIET INTROVERT: BEING QUIET IN A SOCIAL WORLD BY LISA KIMBERLY**



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# THE QUIET INTROVERT

Being Quiet in a Social World



LISA KIMBERLY

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## Review

"Not only did this book teach me more about myself, it made me feel better about myself. Seriously introverts, and those who love them, you must check this book out!"

- Steve Bureau, Amazon Top 10.000 Reviewer

"I for one have realized so many things about this world and about myself that I could never have realized when I didn't open my mind to the advantages of being introvert. Now, I get to embrace what I can and can't do and am maximizing this potential that will turn into great introvert....I am very grateful to have read this book."

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"This book taught me more about my husband of 32 years than he ever could have told me himself! Thought-provoking and eye-opening."

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"This book rocks! - 5 STARS"

- Henrique

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The Quiet Introvert – FREE BONUS ? The Bestselling Introversion Book Used by Millions of Introverts Do people say that you are too quiet. Do they throw around words like Social Anxiety Disorder and Shyness? Do you wish you could turn all of this to your advantage? What if being quiet actually gives you an edge at home and in the workplace? Then this book by Lisa Kimberly is here for you. Lisa takes you on a journey of self-discovery and growth that will change your life forever. She starts with a simple test that will help you find your place on the Introvert Scale. Along the way you will meet other successful introverts and learn to model their successes. There are even some powerful exercises to help you flex your introvert muscles! By the time you finish this book you will have a deep understanding of who you are as a person and how being quiet does not have to be stressful. Never be afraid to be yourself again.?? After years of hiding as an introvert in a world dominated by extroverts, Lisa Kimberly shares her path for becoming a successful introvert without changing who are you.?? Learn how to:

- Understand how it affects your work, friends and love life
- Become confident in your decision making
- Expand your natural creativity
- Use the written word to express yourself
- Develop massive confidence
- Become a leader in your workplace

?? This introversion and social anxiety workbook doesn't end when you read the last page. She gives you exercises to continue your growth and self-development. This is the first day of the rest of your life and she is there with you for the rest of the journey.??This book will teach you everything you need to know understand who you are and to being to maximize your potential.? Getting Your FREE Bonus ?Purchase this book and follow the link in the "BONUS: Your FREE Gift" chapter. Download your copy of "The Quiet Introvert: Being Quiet in a Social World" by scrolling up and clicking "Buy Now With 1-Click" button.

- Sales Rank: #4209795 in Books
- Published on: 2015-06-17
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .15" w x 6.00" l, .22 pounds
- Binding: Paperback
- 66 pages

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- Jennifer Tali

"This book rocks! - 5 STARS"

- Henrique

Most helpful customer reviews

4 of 4 people found the following review helpful.

**BREAKING OUT OF YOUR SHELL**

By Robin Leigh Morgan

I received a KINDLE Edition of this book through a giveaway on LibraryThing and the following is my honest opinion.

Introverts tend to live in a world of their own, while looking at those around them continuously interacting with each other. They wish they could interact along with them, but feeling secure in the way they are, they can't.

The thing is, I feel comfortable being an introvert which why I love to write book reviews and have people love reading them. And when they contact me, I allow the extrovert in me to take over and to interact freely with them.

If you follow the book chapter by chapter, and answer all the exercises honestly, by the book's end you should be able to begin to embrace the richness of you are actually are, and perhaps start cracking the eggshell which has encapsulated you all of these years. I know I'm now slowly beginning to allow this to happen.

After reading this book I not only feel it will benefit introverts, it should be read by the extroverts so they might be able to better understand their introverted friends.

So allowing my introverted self to write this review, I eagerly giving this book 5 STARS for all the possibilities it might create

1 of 1 people found the following review helpful.

**The Quiet Introvert**

By Jeanette Styles

I would like to thank Lisa Kimberly for sending me an electronic copy of her book 'The Quiet Introvert: Being Quiet in a Social World' which I won on Librarything. This is my honest review.

I found this book to be a very interesting read, as I am an introvert. Virtually everything written in this book, I could identify with. Now I know why my sister and I are so unlike. She is very much an extrovert! Parts of the book I did skim over and that is where employment was concerned. I gave up my job years ago to care for my family. Although I found this book interesting, I do feel it is more suited to those younger than myself.

0 of 0 people found the following review helpful.

A new and better understanding of Introverts

By Heather Breen

I love this book for several outstanding reasons. For one, this book made me realize that being introvert is not the worst thing in this extrovert-embracing world. When I answered the diagnostic questions in the first few pages, I am convinced that I am more of an introvert type. I have identified myself as someone who can be recharged when alone and drained when I'm drowned in a crowd. I also noticed that I am not strong and effective in brainstorming within a group but can separate and think about new ideas when alone. Second, this book made me realize that I have so many skills that I did not consider as skills until I read this book. Being able to have introspection, write sensible composition, thinking before acting: these are special skills that others do not have but we, introverts have.

I'm just very happy to have read this book because it has well presented the edge of introverts. This is such a helpful reference especially to teens who are struggling with the thought of being such. I recommend this book both to introverts and extroverts. I for one have realized so many things about this world and about myself that I could never have realized when I didn't open my mind to the advantages of being introvert. Now, I get to embrace what I can and can't do and am maximizing this potential that will turn into great introvert. This might sound very idealistic but I believe that there are just too many things that we could really explore about ourselves that will turn into something worth discovering and worth enriching. Thus, I am very grateful to have read this book.

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